**FY 2023 Per Diem Highlights**

We establish the per diem rates for the continental United States (CONUS), which includes the 48 contiguous states and the District of Columbia. Federal agencies use the per diem rates to reimburse their employees for subsistence expenses incurred while on official travel.

Federal per diem reimbursement rates consist of a maximum lodging allowance component and a meals and incidental expenses (M&IE) component. Most of CONUS (approximately 2,600 counties) is covered by the standard per diem rate of $157 ($98 lodging, $59 M&IE). In fiscal year (FY) 2023, there are 316 non-standard areas (NSAs) that have per diem rates higher than the standard rate.

Since FY 2005, we have based the maximum lodging allowances on average daily rate (ADR). ADR is a widely accepted lodging industry measure derived from a property's room rental revenue divided by the number of rooms rented. This calculation provides us with the average rate in an area. For more information about how lodging per diem rates are determined, visit [Factors Influencing Lodging Rates](https://www.gsa.gov/travel/plan-book/per-diem-rates/factors-influencing-lodging-rates).

We remind agencies that the Federal Travel Regulation (FTR) allows for actual expense reimbursement when per diem rates are insufficient to meet necessary expenses. Please see [FTR §301-11.300 through 306](https://www.ecfr.gov/current/title-41/subtitle-F/chapter-301/subchapter-B/part-301-11/subpart-D) for more information.

**FY 2023 Results:**

The standard CONUS lodging rate will increase from $96 to $98. All current NSAs will have lodging rates at or above FY 2022 rates. The M&IE per diem tiers for FY 2023 are unchanged at $59-$79, with the standard M&IE rate unchanged at $59.

There are no new NSA locations this year. The following locations that were NSAs (or part of an established NSA) in FY 2022 will move into the standard CONUS rate category:

* Cromwell/Old Saybrook, CT (Middlesex County)
* El Paso, TX (El Paso County)
* Rock Springs, WY (Sweetwater County)